

Results

Event 2 Boys 110 Meter Hurdles

Conference: & 15.35 2002 Joe Idziorek, Hermantown				
Name	Year	School	Prelims	H#
Preliminaries				
1 Aaron Dunphy	12	Marshall Sch	15.53q	2
2 Donte Pietroski	12	Superior	16.27q	2
3 Zach Fischer		Ashland	16.65q	1
4 Chad Illikainen	10	Hermantown	16.72q	1
5 Corey Anderson	11	Hermantown	16.80q	3
6 Sean Ferrell	11	Cloquet	16.86q	3
7 Landen Straub	11	Cloquet	17.22q	2
8 Anders Voss	11	Proctor	17.85q	1
9 Ben Halverson	9	Duluth Centr	17.86	1
10 Aaron Benson	12	Proctor	18.37	3
11 Zach Bender		Ashland	18.62	2
12 Niccolo Pufall		Ashland	18.69	3
13 Jonah Sorell	11	Duluth Centr	19.44	2
14 Dylan Clark	12	Cloquet	19.74	1
15 Andrew VanOvermeiren	10	Duluth Centr	20.42	3
16 Hunter Kimball	10	Hermantown	20.51	2
17 Brian Glonek	10	Superior	20.67	3
18 Logan Prouty	10	Proctor	21.44	2
19 Wesley Larson	9	Superior	21.49	1

Event 2 Boys 110 Meter Hurdles

Conference: & 15.35 2002 Joe Idziorek, Hermantown				
Name	Year	School	Finals	Points
Finals				
1 Aaron Dunphy	12	Marshall Sch	15.54	10
2 Donte Pietroski	12	Superior	15.84	8
3 Zach Fischer		Ashland	16.44	6
4 Chad Illikainen	10	Hermantown	16.63	5
5 Corey Anderson	11	Hermantown	16.84	4
6 Sean Ferrell	11	Cloquet	16.86	3
7 Landen Straub	11	Cloquet	17.31	2
-- Anders Voss	11	Proctor	DQ	

Event 4 Boys 100 Meter Dash

Conference: & 10.97 5/16/2006 Jake McDonnell, Marshall				
Name	Year	School	Prelims	H#
Preliminaries				
1 Jeff Ohaju	12	Duluth Centr	11.66q	1
2 Alex Kovala		Ashland	11.95q	1
3 Cory Kontny		Ashland	12.02q	3
4 Danie Orlandi	11	Superior	12.05q	1
5 Brad Butcher	10	Cloquet	12.07q	3
6 Connor Behm	9	Duluth Centr	12.08q	2
7 Parker Anderson	10	Hermantown	12.17q	2
8 Reed Johnson	11	Superior	12.26q	3
9 Jake Royer	11	Hermantown	12.39	1
10 Aaron Dunphy	12	Marshall Sch	12.44	2
11 Casey Preston	12	Superior	12.45	2
11 Mitch Hiner	10	Hermantown	12.45	3
13 Garrett Otteson	11	Duluth Centr	12.53	3

14	Aaron Opien	10	Proctor	12.72	2
15	Fredy Benish	11	Proctor	12.77	1
16	Cody Myllymaa	11	Cloquet	12.86	1
16	Andrew Rikkola	11	Cloquet	12.86	2
18	Scott Miller	10	Marshall Sch	13.74	3
19	Casey Hanson	10	Marshall Sch	14.13	1
20	Darius Bentley	12	Proctor	14.36	3

Event 4 Boys 100 Meter Dash

Conference: & 10.97 5/16/2006 Jake McDonnell, Marshall
 Name Year School Finals Points

Finals

1	Jeff Ohaju	12	Duluth Centr	11.70	10
2	Alex Kovala		Ashland	11.87	8
3	Brad Butcher	10	Cloquet	12.07	6
4	Parker Anderson	10	Hermantown	12.20	5
5	Connor Behm	9	Duluth Centr	12.21	4
6	Cory Kontny		Ashland	12.22	3
7	Danie Orlandi	11	Superior	12.28	2
8	Reed Johnson	11	Superior	12.39	1

Event 6 Boys 200 Meter Dash

Conference: & 22.24 1984 Rod Behm, Proctor
 Name Year School Finals H# Points

1	Donte Pietroski	12	Superior	23.47	3	10
2	Chris Carlson	12	Proctor	23.62	3	8
3	Alex Kovala		Ashland	23.63	3	6
4	Jared Anderson	11	Cloquet	23.89	2	5
5	Jeff Ohaju	12	Duluth Centr	23.90	3	4
6	Jake Shermer	12	Hermantown	24.11	3	3
7	Brad Butcher	10	Cloquet	24.15	3	2
8	Scott Nelson	11	Duluth Centr	24.18	2	1
9	Cory Kontny		Ashland	24.26	2	
10	Alex Dzikonski	9	Superior	24.80	2	
11	Graham Whiting	11	Duluth Centr	24.93	3	
12	Casey Preston	12	Superior	25.05	3	
13	Frank Deluca	9	Proctor	25.15	2	
14	Jon Riesner	10	Cloquet	26.01	2	
15	Garrett Prisk	11	Hermantown	26.04	2	
16	Eric DeWitte	9	Marshall Sch	26.39	1	
17	Ryan Hibbard		Ashland	27.18	2	
18	Italo Clemente		Marshall Sch	27.59	1	
19	John Benish	11	Proctor	31.91	1	

Event 8 Boys 4x800 Meter Relay

Conference: & 8:19.44 5/17/2011 Proctor, Proctor
 R Benish, M Welch, C Carlson, T Haedrich
 School Finals Points

1	Proctor 'A'	8:19.44&	10
	1) Romeo Benish 11	2) Matt Welch 10	
	3) Chris Carlson 12	4) Tyler Haedrich 12	
2	Marshall School 'A'	8:38.11	8
3	Ashland 'A'	8:42.85	6
4	Duluth Central 'A'	8:52.01	5
5	Hermantown 'A'	9:01.96	4
6	Cloquet 'A'	9:04.79	3
7	Superior 'A'	9:13.02	2

Event 10 Boys 4x200 Meter Relay

Conference: & 1:32.28 2004		, Hermantown		Finals	Points
School					
1	Hermantown 'A'			1:37.34	10
	1) Jake Royer 11		2) Andrea Giunto 12		
	3) Cory Kucza 12		4) Jake Shermer 12		
2	Superior 'A'			1:37.71	8
3	Duluth Central 'A'			1:39.62	6
4	Ashland 'A'			1:40.12	5
5	Cloquet 'A'			1:41.40	4
6	Proctor 'A'			1:43.31	3
7	Marshall School 'A'			1:47.19	2

Event 12 Boys 1600 Meter Run

Conference: & 4:25.81 2003		Jason Aho, Superior		Finals	Points
Name	Year	School			
1	Romeo Benish	11	Proctor	4:28.68	10
2	Shane Holmes	12	Superior	4:29.03	8
3	Matt Kero	12	Duluth Centr	4:31.61	6
4	Bryce Miller		Ashland	4:32.12	5
5	Evan Walpole	10	Superior	4:35.46	4
6	Matt Lepisto	10	Duluth Centr	4:54.10	3
7	Erik Swanson	10	Cloquet	5:03.31	2
8	Sergei Hanka	10	Duluth Centr	5:03.37	1
9	Tyler Lafontaine	11	Hermantown	5:07.80	
10	Sam Johnson	11	Marshall Sch	5:09.33	
11	Dylan Marvel	9	Cloquet	5:09.44	
12	Addison Schwarz	9	Superior	5:15.24	
13	Max Doherty		Ashland	5:19.27	
14	Tyler Johnson	9	Hermantown	5:33.04	
15	Tony Belsito	11	Marshall Sch	5:35.01	
16	Lucas Grell	8	Proctor	5:37.35	
17	Matt Anderson	9	Proctor	5:37.42	
18	Eric Lee	9	Cloquet	5:37.45	
19	Steven Borndal	12	Hermantown	5:44.76	
20	Joe Belsito	9	Marshall Sch	6:06.41	

Event 14 Boys 4x100 Meter Relay

Conference: & 43.40 2004		, Hermantown		Finals	Points
School					
1	Duluth Central 'A'			45.12	10
	1) Jeff Ohaju 12		2) Luke Johannessen 12		
	3) Scott Nelson 11		4) Connor Behm 9		
2	Hermantown 'A'			46.02	8
3	Ashland 'A'			46.27	6
4	Superior 'A'			46.50	5
5	Cloquet 'A'			48.70	4
6	Proctor 'A'			48.81	3
7	Marshall School 'A'			53.27	2

Event 16 Boys 400 Meter Dash

Conference: & 50.34 1984		Rob Carpentier, Hermantown		Finals	H#	Points
Name	Year	School				
1	Jared Anderson	11	Cloquet	50.92	3	10

2	Brandon Westmoreland	11	Superior	52.48	3	8
3	Chris Carlson	12	Proctor	52.74	3	6
4	Lucas Johnson		Ashland	54.63	2	5
5	Jon Vopat	12	Cloquet	55.62	2	4
6	Brandon Christman	9	Superior	55.93	3	3
7	Scott Nelson	11	Duluth Centr	56.47	2	2
8	John Goltz	11	Marshall Sch	56.62	2	1
9	Zach Berkelman	12	Duluth Centr	56.97	3	
10	Tyler Pelofske	9	Hermantown	57.07	2	
11	Spencer Johnson	10	Hermantown	57.30	2	
12	Jacob Welch	8	Proctor	58.31	1	
13	Joe Hodge	10	Marshall Sch	58.98	2	
14	Stephen Reynolds		Ashland	60.16	1	
15	Joey Guiterez	11	Marshall Sch	61.11	3	
16	Brandon Shimmin	12	Hermantown	61.50	1	
17	Joe Hamilton	12	Cloquet	62.29	1	
18	Darius Bentley	12	Proctor	65.31	1	
--	Graham Whiting	11	Duluth Centr	DQ	3	

Event 18 Boys 300 Meter Hurdles

Conference: & 40.80 5/17/2011 Luke Johannessen, Duluth Centr						
Name	Year	School	Finals	H#	Points	
1	Luke Johannessen	12	Duluth Centr	40.80&	3	10
2	Zach Fischer		Ashland	42.54	3	8
3	Aaron Dunphy	12	Marshall Sch	42.57	3	6
4	Carter Anderson	9	Superior	44.42	3	5
5	Jonah Sorell	11	Duluth Centr	44.48	3	4
6	Niccolo Pufall		Ashland	44.68	3	3
7	Aaron Benson	12	Proctor	45.19	2	2
8	Frank Deluca	9	Proctor	46.05	2	1
9	Landen Straub	11	Cloquet	46.49	2	
10	Chad Illikainen	10	Hermantown	46.64	2	
11	Caleb Dushkin	11	Superior	46.98	2	
12	Ben Halverson	9	Duluth Centr	47.52	2	
13	Sean Ferrell	11	Cloquet	47.64	3	
14	Anthony Litersky		Ashland	47.80	2	
15	Anders Voss	11	Proctor	47.90	2	
16	Hunter Kimball	10	Hermantown	52.75	1	
17	Tristen Ruhanen		Hermantown	53.79	1	
18	Tyler Trout	9	Cloquet	55.15	1	

Event 20 Boys 800 Meter Run

Conference: & 1:58.89 2003 Kyle Schmidt, Hermantown					
Name	Year	School	Finals	Points	
1	Bryan Livingston		Ashland	2:03.80	10
2	Matt Kero	12	Duluth Centr	2:06.58	8
3	Shane Holmes	12	Superior	2:07.28	6
4	Tyler Haedrich	12	Proctor	2:09.37	5
5	Joe Muelbauer	10	Hermantown	2:09.51	4
6	Steven Bradshaw	10	Duluth Centr	2:10.47	3
7	Matt Lepisto	10	Duluth Centr	2:11.52	2
8	Patrick Sheedy	12	Marshall Sch	2:12.16	1
9	Aaron Peterson	10	Cloquet	2:12.31	
10	Brandon Westmoreland	11	Superior	2:15.74	
11	Corey Rankin	10	Hermantown	2:16.82	
12	Jon Gilbertson		Ashland	2:17.67	
13	Nate Struckman	11	Hermantown	2:19.00	
14	Erick Tunell	10	Superior	2:19.39	
15	Logan Crowser	9	Cloquet	2:23.72	

16	Garett Hendrickson	11	Proctor	2:24.45
17	Sam Longseth	11	Cloquet	2:28.06
18	Tony Belsito	11	Marshall Sch	2:31.84
19	Chase Lind	10	Proctor	2:33.63
20	Joe Hodge	10	Marshall Sch	2:37.27

Event 22 Boys 3200 Meter Run

Conference: & 9:58.67 5/17/2011 Matt Welch, Proctor				
Name	Year	School	Finals	Points
1	Matt Welch	10	Proctor	9:58.67& 10
2	Bryce Miller		Ashland	10:20.81 8
3	Patrick Dowd	11	Duluth Centr	10:58.22 6
4	Brandon Channell	10	Marshall Sch	11:03.80 5
5	Erik Swanson	10	Cloquet	11:04.51 4
6	Nick Nemec		Ashland	11:12.28 3
7	Neal Kucera	10	Duluth Centr	11:16.82 2
8	Levi Felton	12	Superior	11:23.75 1
9	Kai Larsen	10	Duluth Centr	11:30.79
10	Dillen Gronseth	10	Hermantown	11:34.62
11	Chase Hren	9	Hermantown	11:46.72
12	Max Doherty		Ashland	11:55.04
13	Chris Larson	10	Cloquet	12:16.75
14	Sean Clark	10	Proctor	12:42.66
15	Gabe Berg		Cloquet	13:00.29
16	Matt Anderson	9	Proctor	14:14.44
17	Nate Kropid	10	Marshall Sch	14:49.19

Event 24 Boys 4x400 Meter Relay

Conference: & 3:31.08 5/16/2006 Hermantown High School, Hermantown B Johnson, R Schmidt, J Halverson, C Kucza				
School	Year	School	Finals	Points
1 Duluth Central 'A'			3:34.19	10
1) Graham Whiting 11		2) Luke Johannessen 12		
3) Matt Kero 12		4) Connor Behm 9		
2	Cloquet 'A'		3:41.29	8
3	Superior 'A'		3:43.36	6
4	Proctor 'A'		3:44.71	5
5	Marshall School 'A'		3:46.40	4
6	Ashland 'A'		3:47.16	3
7	Hermantown 'A'		3:56.60	2

Event 26 Boys Pole Vault

Conference: & 13-06 5/18/2010 Kevin Olson, Superior High Sc				
Name	Year	School	Finals	Points
1	Joe Rice	12	Duluth Centr	11-06.00 10
2	Ben Halverson	9	Duluth Centr	J11-06.00 8
3	Caleb Dushkin	11	Superior	11-00.00 6
4	Carter Hallfrisch	11	Cloquet	10-06.00 5
5	Alex Greene	10	Proctor	10-00.00 4
6	Blake Bretting		Ashland	J10-00.00 3
7	Sean Ferrell	11	Cloquet	9-06.00 2
8	Cohen Nelson	11	Cloquet	9-00.00 1
9	Reed Johnson	11	Superior	J9-00.00
9	Warren Rosholt	10	Duluth Centr	J9-00.00
11	Gavin Johnson	11	Proctor	8-06.00
11	Tyler Anderson	9	Superior	8-06.00
13	Jacob Bretting		Ashland	8-00.00

-- Evan Host

9 Proctor

NH

Event 28 Boys High Jump

Conference: & 6-05 2004 Roy Levitt, Two Harbors				
Name	Year	School	Finals	Points
1 Corey Anderson	11	Hermantown	6-00.00	10
2 Jared Anderson	11	Cloquet	5-10.00	8
3 Andrew Laughlin	11	Duluth Centr	J5-10.00	6
4 Steven Bradshaw	10	Duluth Centr	5-06.00	5
5 Donte Pietroski	12	Superior	J5-06.00	4
6 Aaron Dunphy	12	Marshall Sch	5-03.00	1.5
6 Alex Schmies	9	Hermantown	5-03.00	1.5
6 Colton Lorenz	9	Superior	5-03.00	1.5
6 Parker Anderson	10	Hermantown	5-03.00	1.5
7 Anders Voss	11	Proctor	J5-03.00	
8 Adam Laine	9	Cloquet	J5-03.00	
12 Logan Prouty	10	Proctor	5-00.00	
12 Anthony Litersky		Ashland	5-00.00	
12 Jon Gilbertson		Ashland	5-00.00	
-- Alex Jurek	10	Cloquet	NH	
-- Patrick Dowd	11	Duluth Centr	NH	

Event 30 Boys Shot Put

Conference: & 50-09 5/18/2010 Jake Lesar, Hermantown				
Name	Year	School	Finals	Points
1 Cortez Ham	12	Duluth Centr	49-06.75	10
2 Jake Lesar	12	Hermantown	48-04.25	8
3 Jeremy Peterson	11	Hermantown	46-05.50	6
4 Marco Bichanich		Ashland	45-06.25	5
5 Ike Serre	12	Marshall Sch	44-09.00	4
6 Thomas Udenberg	10	Cloquet	43-10.00	3
7 Josh Biles	12	Duluth Centr	43-01.25	2
8 John Hodgkins	12	Hermantown	42-05.50	1
9 Gaitz Shanda	11	Cloquet	37-07.25	
10 Adam Riggle	12	Duluth Centr	35-10.00	
11 Than Serre	10	Marshall Sch	35-07.50	
12 Josh Bender		Ashland	35-04.25	
13 Jack Bergum	11	Superior	34-05.50	
14 Erik Olson	12	Superior	33-08.75	
15 Andy Berg	12	Cloquet	33-02.00	
16 Ben Wrazidlo		Ashland	32-08.50	
17 Cody Makitalo	10	Proctor	28-10.75	
18 Devon Silverness	11	Superior	28-06.75	
19 Alex Martinson	9	Proctor	20-10.00	

Event 32 Boys Discus Throw

Conference: & 159-01 5/17/2011 Cortez Ham, Duluth Centr				
Name	Year	School	Finals	Points
1 Cortez Ham	12	Duluth Centr	159-01&	10
2 Jeremy Peterson	11	Hermantown	148-01	8
3 Eric Stebe	12	Duluth Centr	140-08	6
4 Ike Serre	12	Marshall Sch	140-00	5
5 Thomas Udenberg	10	Cloquet	128-03	4
6 Josh Biles	12	Duluth Centr	126-01	3
7 Jake Lesar	12	Hermantown	123-05	2
8 Derek Schofield	11	Proctor	117-07	1
9 Marco Bichanich		Ashland	110-09	

10	Tysen Olson	Ashland	108-02
11	Dan Riihilouma	12 Cloquet	104-04
12	Stefan Pease	12 Cloquet	102-04
13	Josh Bender	Ashland	94-04
14	Cody Makitalo	10 Proctor	93-09
15	Erik Olson	12 Superior	91-00
16	Kyle Schwalter	11 Hermantown	90-09
17	Matt Sanda	9 Superior	89-06
18	Devon Silverness	11 Superior	74-03
19	Alex Martinson	9 Proctor	54-09

Event 34 Boys Long Jump

Conference: & 20-09.25 5/12/2009 Zach Colvin, Superior High Sc				
Name	Year	School	Finals	Points
1	Alex Kovala	Ashland	20-00.50	10
2	Eric Miklausich	11 Marshall Sch	19-10.25	8
3	Corey Anderson	11 Hermantown	19-05.00	5.5
3	Dan Quade	12 Superior	19-05.00	5.5
5	Colton Lorenz	9 Superior	19-04.50	4
6	Scott Nelson	11 Duluth Centr	18-11.50	3
7	Brad Butcher	10 Cloquet	18-09.50	2
8	Casey Preston	12 Superior	18-06.50	1
9	Nate Struckman	11 Hermantown	18-04.00	
10	Parker Anderson	10 Hermantown	17-11.50	
11	Nate Beaulieu	11 Duluth Centr	17-09.50	
12	Steve Moen	12 Duluth Centr	17-07.00	
13	Cory Kontny	Ashland	17-00.50	
14	Landen Straub	11 Cloquet	17-00.00	
15	Andy Berg	12 Cloquet	16-00.00	
16	Kaz Anderson	11 Proctor	15-11.50	
17	Jacob Welch	8 Proctor	14-00.00	

Event 36 Boys Triple Jump

Conference: & 41-07.50 5/12/2009 Billy Phousongphong, Duluth Denfe				
Name	Year	School	Finals	Points
1	Eric Miklausich	11 Marshall Sch	41-00.00	10
2	Corey Anderson	11 Hermantown	40-03.00	8
3	Dan Quade	12 Superior	38-08.50	6
4	Colton Lorenz	9 Superior	37-09.00	5
5	Nate Beaulieu	11 Duluth Centr	37-07.50	4
6	Casey Preston	12 Superior	37-07.00	3
7	Niccolo Pufall	Ashland	36-05.00	2
8	Landen Straub	11 Cloquet	35-02.50	1
9	Kaz Anderson	11 Proctor	J35-02.50	
10	Andrea Giunto	12 Hermantown	35-01.50	
11	Kyle Woodward	11 Cloquet	34-07.00	
12	Zach Fischer	Ashland	34-01.00	
13	Kene Udejiofor	9 Hermantown	33-09.00	
14	Blake Bretting	Ashland	33-04.50	
15	Cohen Nelson	11 Cloquet	31-03.00	
16	Logan Prouty	10 Proctor	30-04.50	
17	Nick Olson	10 Duluth Centr	28-10.50	

Men - Team Rankings - 18 Events Scored

1) Duluth Central	164	2) Superior	113
3) Ashland	105	4) Hermantown	96.50
5) Cloquet	83	6) Proctor	68
7) Marshall School	67.50		